

NOVEMBER 2024

Shenandoah HS Main Line Lunch

Friday Monday Thursday **Tuesday** Wednesday **Student Lunch-**Hot Ham and Cheese French Fries 9-12 \$2.85 Strawberries, Apples Adult Lunch \$4.85 Veggie Bar Extra Entrée \$1.50 Choice of Milk Extra Milk \$0.40 Chicken Alfredo w/ Bread 5 Chicken Patty Sandwich Mini Corn Dogs Meatball Sub Chicken Fajita Broccoli and Cheese Green Beans Dinner Roll, Corn Peas Bell Pepper w/ Onion Apple, Orange Applesauce, Pineapple Chunks Strawberries, Peaches Mixed Fruit, Apple Diced Pears, Peaches Veggie Bar Veggie Bar Veggie Bar Veggie Bar Veggie Bar Choice of Milk Spaghetti w/meat sauce Tenderloin Sandwich 13 BBQ Rib Sandwich Grilled Cheese Chili w/ Cinnamon Roll w/ Garlic Toast Peas **Baked Beans** w/ Tomato Soup Mixed Berries, Apple Cucumbers Applesauce, Orange Mixed Fruit Cup, Banana Peaches, Applesauce Veggie Bar Strawberries. Peaches Choice of Milk Veggie Bar Veggie Bar Veggie Bar Veggie Bar Choice of Milk Choice of Milk Choice of Milk Choice of Milk Chicken Drumstick 18 Hardshell Tacos (2) Or 19 Cheeseburger Or 20 Turkey and Noodles Orange Chicken or Mashed potatoes, Dinner Roll w/Biscuit Or Black Beans French Fries Fortune Cookie, Rice Pilaf Green Beans Green Beans Juicy Juice, Strawberries Watermelon, Applesauce Mandarin Oranges, Apple, Orange Fruit Salad, Dessert Veggie Bar Veggie Bar **Applesauce** Veggie Bar Veggie Bar Choice of Milk Choice of Milk Veggie Bar Choice of Milk Choice of Milk Choice of Milk Chicken Nuggets Beef Lasagna 27 No School 28 Savory Chicken Sandwich No School w/ breadstick **Bell Peppers** California Veggies, **Baked Beans** Grapes, Applesauce Happy Thanksgiving! Peaches, Apple Diced Pears, Strawberries Veggie Bar Veggie Bar Choice of Milk Veggie Bar Choice of Milk Choice of Milk

This Institute is an Equal Opportunity Provider

Veggie bar = (Included with 1st meal option) Tossed Salad, Broccoli, Carrots, Garbanzo Beans

